

This is to certify that

BETTIE NEL

successfully completed the Cape Argus Pick n Pay Cycle Tour on the 8th of March 2009

RR 25147

6 hrs 1 mins 30.0 secs

Average Speed: 18.26 km/h

Overall Position: 19087 out of 25547

Position Female: 2424 out of 4275

Position in Group RR: 316 out of 490

Position - F 40-44: 461 out of 762





